

Sample Weekly Menus

Breakfast
8-9:00am

Lunch
11:30-12:30pm

Dinner
4:30-5:30pm

Always Available

Yogurt Peanut Butter Cottage Cheese with Fruit Bagels, English Muffin Choice of Cereal Juice, Milk	Tossed Salad Deli Meat Sandwich Grilled Cheese Hamburger Peanut Butter & Jelly Dessert of the Day	Tossed Salad Deli Meat Sandwich Grilled Cheese Hamburger Peanut Butter & Jelly Dessert of the Day
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Always Available This Week

Chicken Salad Sandwich Crab & Avocado Salad All-Beef Hot Dog or Chili Dog	Braised Beef Short Rib Swordfish with Pesto Butter Grilled Chicken Marsala
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Weekly Specials

Sunday	Bacon & Cheese on an English Muffin	Corn Chowder Soup Monte Cristo Sandwich Carrot-Raisin Salad	Stuffed Peppers Capri Vegetable
Monday	Ham & Cheese Scramble	Mushroom-Barley Soup Sloppy Joes Coleslaw	Tarragon Chicken Potato Cake Vegetable Garnish
Tuesday	Cinnamon Roll	Split Pea Soup Chicken A La King Puff Pastry Shell	Grilled Fresh Salmon Rice Pilaf Succotash
Wednesday	Spinach, Tomato & Mushroom Scramble	Cream of Almond Soup Turkey & Brie Sandwich with Cranberry Mayo Fresh Vegetable Salad	Chopped Sirloin Steak Mashed Potatoes & Gravy Brussels Sprouts
Thursday	Belgian Waffle with Apples & Cream	Italian Chicken Soup Patty Melt Hand-Cut Fries	Chicken with Artichokes, Capers & Lemon Over Angel Hair Pasta
Friday	Eggs, Bacon & Hash Browns	Tomato Florentine Soup Tuna Melt Strawberry-Mandarin Salad Watermelon, Cookies	Chef's Choice Soup Sliced Brisket Roasted Potatoes Dilled Carrots
Saturday	Baked Blintz with Blueberry Sauce	Philadelphia Pepperpot Soup Bentleys Chicken Salad	Roast Pork Loin with Pan Gravy Whipped Yams Country Vegetable